

The BB invites you to visit the province of Casteddu

The Bed and Breakfast Charm Sardinia invites you to visit the province of Casteddu. It is certainly difficult to convey the beauty of Sardinia's landscape and nature using words alone- however persuasive they may be. At times, the power of images is so great that it leaves us speechless. How can one define the fascination of the island's sounds and traditional music? Or the unique taste of its food? The Province of Cagliari is rich in history, traditions, art and culture. Visitors to this territory are bewitched by this ancient land of enduring fascination.

The stretches of coast and beaches of the southern part of the island- many off the beaten track- are rightly felt to be amongst the most beautiful in the world. In the interior areas, clothed in lush Mediterranean brush, nestle a host of gems, such as archaeological sites dating from Nuragic and pre-Nuragic times. Navigable lakes and fast-flowing rivers are set amidst green, softly-rounded hills. The urban centre, from the largest city to the smallest village, are adorned by Pisan-Romanesque, Catalan-Gothic or lavish Baroque churches. Yet again, feasts, festivals and throughout the year: wonderful opportunities to taste the island's well known specialities, such as almond sweets and pastries, ricotta and fresh 'pecorino' cheese, wines and liqueurs, and to appreciate its wide range of artistic handicrafts. A host of good reasons to visit the Province of Cagliari. A warm welcome to the island of Sardinia. From the Cagliari-Elmas Airport just a few minutes' drive will bring you to the city centre. If, on the other hand, you come on by ferry, you will be surprised to find that the city centre is right in front of you with the fine series of buildings set along Via Roma. To the left rises the eclectic-style building home to the City Hall, built in the early years of the 20TH century, as were the other porticoed buildings. Among them is the 17TH century church with neo-Classic façade dedicated to Francesco da Paola. Beneath the porticoes the colourful windows of stylish boutiques are a distinct temptation to browse and buy and the busy cafes, with tables in the open air year round, are an open invitation to linger and admire the sea and swooping flight of the gulls.

Cagliari the fish festival In September, the people living in the Giorgino Fishermen's Village, a small hamlet to the south-west of the city, set between the sea and the Santa Gilla Marsh, hold their fish festival. Dishes based on Cagliari's 'humble' gastronomy: barbecued mullet and grilled sardines, octopus salad, 'burrisa' (marinated dogfish soured in a walnut sauce), 'pesce a scabecciu' (sweet-and-sour fish) and a mixed fry of fresh, tasty tiny fish. Music and entertainment. Lavish supplies of white wine for all visitors wishing to end the summer on a note of style and taste